



Finishing Well Risk Factor Assessment Tool Report

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Intro

Regardless of what you accomplish over a lifetime, for the people you value the most, your legacy will be defined primarily by who you are—not what you do. If you don't finish well, you will tarnish your accomplishments and pull the rug out from under your own success.

There are probably as many finishing well risk factors as there are people, but research has documented the following seven common barriers:

- misuse of finances
- abuse of power
- pride
- sexual misconduct
- failure to keep growing (“plateauing”)
- family problems
- emotional/psychological wounding

Rarely do these issues stand alone; the boundaries between them are porous and they most commonly express themselves in complicated overlays.

This Basic Report was generated based on your responses to the thirty-five statements in the Finishing Well Risk Factor Assessment Tool. We encourage you to carefully review each section of this report and utilize the information to develop a customized personal growth and accountability framework that increases the likelihood you will finish well.

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Section I Finishing Well Risk Factor Assessment Ranking

Your **Total Score** for all seven Risk Factors is: 113 (out of 175)

Your **Risk Level** is: Moderate

The best or highest score in each category is 25. Based on your responses your areas of vulnerability from highest to lowest are:

Risk Factor: Abuse of Power **Score:** 10 Your **Risk Level** is: Extremely High

Comments: How you gain and use influence is one of the most important values that undergirds your behavior, regardless of what kind of formal leadership title or position you have. Spend some time revisiting how you define success and what acceptable boundaries you have for pursuing it. Inventory your relationships and be honest about your propensity for controlling as opposed to empowering others. Be vulnerable with a trusted friend (such as one of your Outside Assessment Contacts); create some space for honest and direct feedback.

Risk Factor: Pride **Score:** 15 Your **Risk Level** is: High

Comments: It is important that you understand high ego and humility are not mutually exclusive. If you have a position of high influence, it is likely the people most affected by this risk factor will be reluctant to tell you the truth about how they feel. You will need to be intentional about creating a safe environment for honest feedback.

You may well struggle to some extent with insecurity, which you mask by exaggerating the scope of your influence or failing to share the credit with others. You should consider meeting with a professional counselor or seek out some mentoring/coaching from people who can help you live out servant leadership.

Risk Factor: Misuse of Finances **Score:** 15 Your **Risk Level** is: High

Comments: This is a problem area you would be foolish to ignore. It is likely you are already approaching a danger zone with attitudes and behaviors about finances that will produce serious challenges if not addressed. You should seek out counsel from a trusted source before this area of vulnerability creates an even bigger problem. Talk to a friend and/or locate some resources to help you get on track.

Risk Factor: Plateauing **Score:** 17 Your **Risk Level** is: Moderate

Risk Factor: Emotional Wounding **Score:** 17 Your **Risk Level** is: Moderate

Risk Factor: Family Problems **Score:** 18 Your **Risk Level** is: Moderate

Comments: There is some room for concern here. You would be well served by a careful and intentional inventory of your life as it relates to this risk factor, seeking input from trusted

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sources (like your Outside Assessment Contacts). Dealing with a potential problem now, while it is smaller and less complex, is preferred to crisis management later.

Risk Factor: Sexual Misconduct **Score:** 21 Your **Risk Level** is: Low

Comments: You are doing something right here. Try to identify the positive attitudes, actions or relationships that are keeping you on the right track. How can you reinforce them? How can you leverage these attributes and replicate in them in other areas where you are more vulnerable? Be cautious about allowing your guard to slip or becoming complacent. Remember the ancient wisdom of Saint Paul, who said, "So if you think you are standing firm, be careful that you don't fall!"

Risk Factor Pair Warning: Some of the seven finishing well risk factors can be especially dangerous when they overlap with each other as "risk factor pairs." This occurs when two of your highest vulnerability risk factors interact with each other to multiply the danger that would naturally be associated with them individually. Even if your risk level in the pair is low or moderate, the combustible potential of the combination should not be ignored.

Misuse of Finances and Abuse of Power: Power and greed are a dangerous mixture. If you have an extremely high or high risk level in either the "money" or "power" barriers you need to be extra vigilant about addressing these problem areas. If your risk levels are moderate or low, be advised that under the right amount of pressure you may be more vulnerable than you think.

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Section 2 Risk Factor Outside Assessment Contrast

Note: You have elected to review the results of your Finishing Well Risk Factor Assessment in a Basic Report. Complete data for this section is available in the Comprehensive Report ONLY. We have included one line of actual data from your Outside Assessment Contacts in each of the three segments of Section 2 as a sample. You may access all the data in this section by upgrading to the Comprehensive Report at <http://www.keepgrowinginc.com/fwrf>.

The following contrast between your self-assessment and your Outside Assessment Contacts is graphically displayed in Section 4 of this report. The table below is provided to simplify the process of high-level evaluation of this data.

Based on your self-assessment, your **Total Score** for all seven Risk Factors is: 113 (out of 175)

Your **Risk Level** is: Moderate

Based on the composite scores of your Outside Assessment Contacts, your **Total Score** for all seven Risk Factors is: 97 (out of 175)

Your **Risk Level** is: High

When your self-assessment scores are averaged with your Outside Assessment Contacts, your **Total Score** for all seven Risk Factors is: 105 (out of 175)

Your **Risk Level** is: High

Based on your self-assessment, your **Total Score** for all five Enhancements is: 78 (out of 125)

Your **Risk Level** is: Moderate

Based on the composite scores of your Outside Assessment Contacts, your **Total Score** for all five Enhancements is: 61 (out of 125)

Your **Risk Level** is: High

When your self-assessment scores are averaged with your Outside Assessment Contacts, your **Total Score** for all five Enhancements is: 70 (out of 125)

Your **Risk Level** is: High

Note: Low scores associated with your Outside Assessment Contacts *may* reflect a lack of information about you as opposed to their belief you are at higher risk. But if the Outside Assessment Contacts you selected do not have enough information to respond, you may be placing yourself at risk in other ways and should carefully consider your need for more transparent, authentic relationships.

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For the following statements, some of your outside assessment contact's responses were two, three or four points higher than yours:

Variance	Category	Statement
2	Misuse of Finances	I am living within my means guided by a budget that balances spending with the priorities of saving and giving.

Comments: This variance could signify a lack of authenticity or vulnerability in your relationship with these individuals. Review the categories that have multiple statements with a variance. Do you have a specific issue or incident in mind that caused you to score yourself lower than your Outside Assessment Contacts? Who could you meet with to discuss this issue in more detail?

For the following statements, some of your outside assessment contact's responses were two, three or four points lower than yours:

Variance	Category	Statement
2	Plateauing	I am actively cultivating a lifestyle of learning that incorporates an annual personal growth plan.

Comments: This variance could signify a critical blind spot in your self-awareness. You should be proactive about exploring the roots of this gap and taking appropriate action. Plan a time to meet with one or more of your Outside Assessment Contacts to seek input and clarification. It may be you have *information* that they don't have. It may be that they have *perspective* that you don't have.

For the following statements, some of your outside assessment contacts did not have enough information to respond.

Category	Statement
Emotional Wounding	I have an active network of healthy relationships that form an emotional safety net for the stress points of life.

Comments: If you have three or more statements from the same Risk Factor category where non of your Outside Assessment Contacts had enough information to respond, you are missing critical data. Why do your Outside Assessment Contacts have so little information about that area of your life? What alternate methods could you use to reality test your perspective, such as sharing with a small group or soliciting direct feedback from other trusted friends?

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Section 3 Finishing Well Enhancement Report

Research of individuals who have Finished Well suggests there are five common enhancements that are evidenced in their lives:

- Enhancement 1:** *repeated renewal* of the moral and spiritual center
- Enhancement 2:** a network of *significant relationships*
- Enhancement 3:** a *disciplined lifestyle*, especially in terms of core beliefs/values
- Enhancement 4:** a lifetime *learning posture* and commitment to growth
- Enhancement 5:** *perspective* on life that views the happenings of today in the context of the big picture

Based on your responses to statements related to the 5 Finishing Well Enhancements:

Your **Total Score** for all five Enhancements is: 78 (out of 125)

Your **Risk Level** is: Moderate

Comments: It appears you are positively engaged with a number of the 5 Finishing Well Enhancements but still have room for improvement. Give attention to the ranking of each Enhancement below so you can strengthen the areas that are already a part of your life and give special focus to those with lower scores.

Based on your responses we rank your practice of or commitment to the 5 Finishing Well Enhancements from weakest to strongest as follows:

Enhancement: 2	Score: 13	Your Risk Level is: High
Enhancement: 1	Score: 14	Your Risk Level is: High
Enhancement: 3	Score: 16	Your Risk Level is: Moderate
Enhancement: 5	Score: 16	Your Risk Level is: Moderate
Enhancement: 4	Score: 19	Your Risk Level is: Moderate

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Section 4 Risk Factor & Enhancement Graphic Reports

Note: The best or highest score in each category is 25. Your scores are represented by the **solid** line, and the composite score of your Outside Assessment Contacts is represented by the **dotted** line.

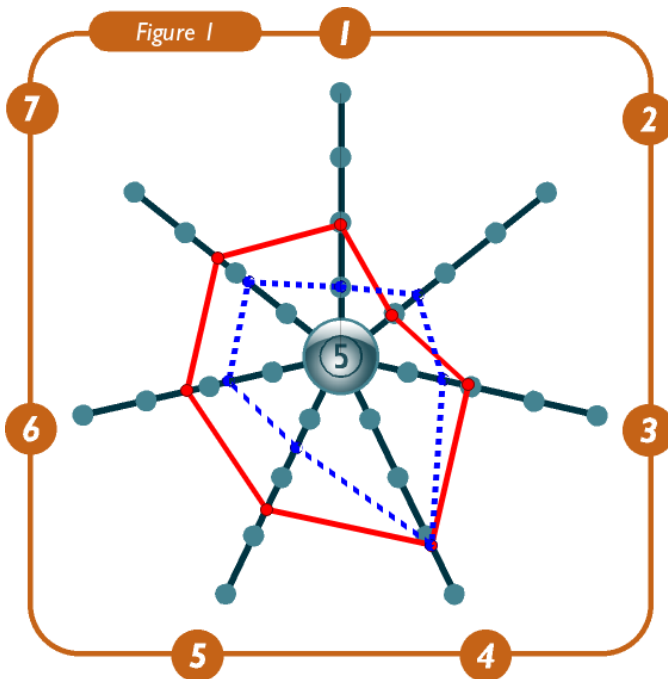


Figure 1 on the left is the graphic representation of your responses to the Finishing Well Risk Factor Assessment Tool. This is how you see yourself in relation to the seven barriers, along with the composite report of your Outside Assessment Contacts.

7 Barriers

1. Misuse of Finances
2. Abuse of Power
3. Pride
4. Sexual Misconduct
5. Family Problems
6. "Plateauing"
7. Emotional Wounding

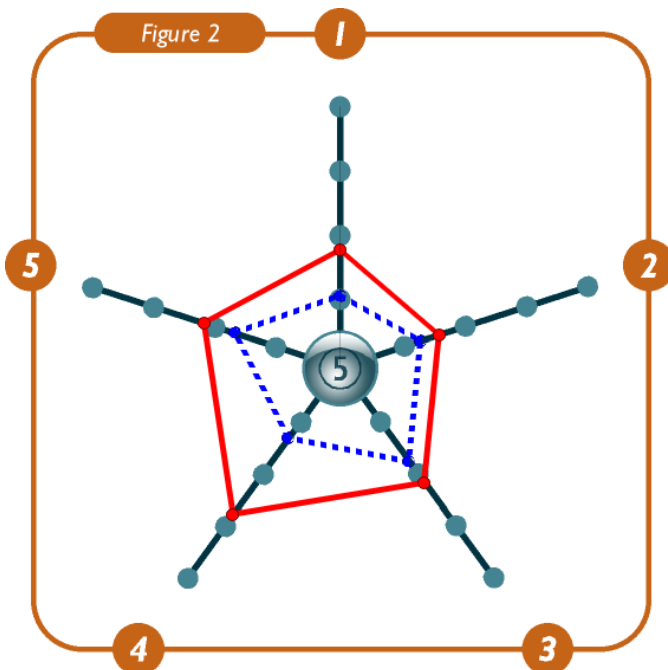


Figure 2 on the left is the graphic representation of your responses to the Finishing Well Risk Factor Assessment Tool. This reflects your current practice of the Five Enhancements, along with the composite score of your Outside Assessment Contacts.

5 Enhancements

1. Repeated Renewal
2. Significant Relationships
3. Disciplined Lifestyle
4. Learning Posture
5. Lifetime Perspective

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Section 5 Finishing Well Development Plan Worksheet

Assessing your Finishing Well Risk Factors is only valuable to the extent that you put what you learn into action.

Based on your responses the following list of Finishing Well barriers is organized from highest to lowest risk:

Risk Factor:	Abuse of Power	Risk Level: Extremely High
Risk Factor:	Pride	Risk Level: High
Risk Factor:	Misuse of Finances	Risk Level: High
Risk Factor:	Plateauing	Risk Level: Moderate
Risk Factor:	Emotional Wounding	Risk Level: Moderate
Risk Factor:	Family Problems	Risk Level: Moderate
Risk Factor:	Sexual Misconduct	Risk Level: Low

Do you have relationships with others that include a measure of voluntary accountability that directly corresponds with each of the seven barriers above? If yes, how will you leverage these relationships to increase their effectiveness in the specific areas highlighted by this report?

If no, who will you enlist to serve in this capacity? When will you contact them?

How will you increase the consistency and deepen the level of accountability that touches on the factors with Moderate, High and Extremely High risk levels (as appropriate)? Draft specific questions for your accountability partners to help them focus their interaction on your highest areas of vulnerability.

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Make a list of the three most recent times when you struggled or slipped in each of your Moderate, High and Extremely High risk areas (as appropriate).

What patterns do you see emerging that reveal windows of vulnerability in terms of common time frames, settings or locations (such as weekends, on the road, under stress, et cetera)? What specific steps will you take to close those windows of vulnerability? How could this information empower your accountability partners to more meaningfully interact with you?

Review Section 2 of this report. What gaps do you see in your outside assessment based on large scoring variances or the lack of information to respond to multiple questions related to a specific barrier? How specifically will you address these possible gaps in your self-awareness?

Section 6 Best Practices Finishing Well Enhancements

Based on your responses and the composite score of your outside assessment contacts, the following list of Finishing Well Enhancements is organized from weakest to strongest as follows:

Enhancement: 2	Risk Level: High
Enhancement: 1	Risk Level: High
Enhancement: 3	Risk Level: Moderate
Enhancement: 5	Risk Level: Moderate
Enhancement: 4	Risk Level: Moderate

Review the following list of “best practices” associated with your weakest enhancements.

Enhancement 2: a network of significant relationships - **Score: 13**

- expand or deepen your voluntary accountability relationships
- enlist a mentor who can give wise counsel and perspective
- join or start a small group where you can talk openly about life issues
- initiate a personal growth project in the area of listening and interpersonal communication
- take the initiative in several key relationships by sending a note of encouragement or appreciation

Enhancement 1: repeated renewal of the moral and spiritual center - **Score: 14**

- begin your day with a time of quiet reflection, Bible reading and prayer, consider listening to a worship or Scripture CD during your commute
- take a Day Alone With God (DAWG) once a quarter for extended prayer, worship and personal study
- get involved in a place of worship
- keep a journal to record your innermost thoughts and feelings giving special attention to spiritual and moral issues
- write out your most important values and evaluate your alignment with them weekly

Enhancement 3: a disciplined lifestyle, especially in terms of core beliefs and values - **Score: 16**

- fast a meal and spend the time in prayer
- cultivate discipline by not watching television for a week and using the time to read, deepen a friendship or work on a worthy project

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- make a commitment to volunteer at your church or in a community service context
- take inventory of your diet and make a commitment to eat healthier
- share your core values with several trusted friends and empower them to question your actions or decisions when they appear to contradict with your values

Enhancement 5: perspective on life that views the happenings of today in the context of the big picture - **Score:** 16

- cultivate an interest in history through biographies or documentaries
- be intentional about exploring life from the vantage point of others by asking yourself how they might feel, what questions they might have, what problems they may be encountering
- develop sounding board relationships with people to who you can ask "what am I not seeing in this situation?"
- find ways to remind yourself that what happens is never as important as how you respond
- cultivate the habit of 'debriefing' important experiences with questions like "what could I have done different?" or "what advice would I give someone else facing a similar situation?" and "what can I learn from this?"

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Which of these "best practices" will you begin to integrate into your lifestyle now? Who do you know who could help you take action? When will you contact them?